

# Heart, Body & Soul

32 Count, 4 Wall Beginner Line Dance

Music – Far To Go – Ronnie Beard

Choreographer – Yvonne Anderson, Ira Weisburd & Ruben Luna

Count In – 16, Start on vocals



## **CROSS ROCK, RECOVER, L SIDE SHUFFLE; CROSS ROCK, RECOVER, R SIDE SHUFFLE**

- 1-2 Rock L across R, Recover weight on R
- 3&4 Step L to L, Step-close R beside L, Step L to L
- 5-6 Rock R across L, Recover weight on L
- 7&8 Step R to R, Step-close L beside R, Step R to R

## **CROSS, SIDE, BEHIND, SWEEP, BEHIND, 1/4 L TURN, FORWARD LOCK STEP**

- 1-2 Step L across R, Step R to R
- 3-4 Step L Behind R, Sweep R out and around from front to back
- 5-6 Step R behind L, make 1/4 Turn L stepping L forward (9:00)
- 7&8 Step R forward, Step L behind R, Step R forward

## **LEFT ROCKING CHAIR, PIVOT 1/4 R, FORWARD, PIVOT 1/4 R**

- 1-2 Rock L forward, Recover weight on R
- 3-4 Rock L back, Recover weight on R
- 5-6 Step L forward, Pivot 1/4 Turn R (12:00)
- 7-8 Step L forward, Pivot 1/4 Turn R onto R (3:00)

## **CROSS, POINT, CROSS, POINT, CROSS, BACK, SIDE ROCK, RECOVER**

- 1-2 Step L across R, Point R toes to R
- 3-4 Step R across L, Point L toes to L (Note: Counts 1-4 travel forward)
- 5-6 Step L across R, Step R back
- 7-8 Rock L to L, Recover weight on R